

# ISCADOR®



## Application

Patient information

ISCADOR  AG

# About ISCADOR®

## **Dear Patient,**

Your medical professional has prescribed the mistletoe preparation ISCADOR as a supplementary treatment in your cancer therapy in order to improve, among other things, your quality of life.

ISCADOR is administered as a subcutaneous injection. As a patient, you can do this yourself. Please note that the first injection should take place in the presence of your medical professional, who can advise you where to inject and discuss anything you may need to bear in mind.

This brochure contains important information and detailed instructions for using ISCADOR. Please read the following information carefully.

A documentation sheet ('treatment diary') is included to help you to quickly access the most important points for discussion with your medical professional.



Self-injection  
done easily:  
[www.iscador.com/  
videotutorial](http://www.iscador.com/videotutorial)

## Important to know



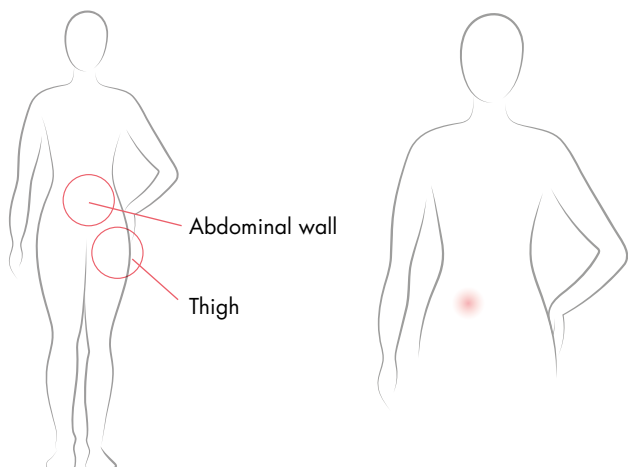
ISCADOR ampoules should be kept refrigerated. You may warm the ampoule briefly in your hand before use.

ISCADOR is usually injected two to three times per week. It has proven useful to carry out the injection in the morning.

Suitable injection sites are either the abdominal area or the area of the outer thigh.

Local inflammatory reactions, e.g. in the form of redness around the injection site (up to a maximum of 5 cm in diameter), may occur temporarily and are no cause for alarm. Instead, they are a desired sign of a normal reaction to ISCADOR.

As a rule, this local reaction subsides within a day or two.



### Important!

Change the puncture site regularly to avoid additional skin reactions and carefully **avoid areas of inflamed skin, operation or radiation fields.**

# Preparing the injection

Have the following necessary items at hand:

- ISCADOR ampoule (for series, note the ascending
- numbering in the box, see picture on the right)
- Small syringe (2 ml)
- Short, thin injection needle (ideal = 0.4 x 19 mm, 27 G)
- Alcohol wipes

If necessary:

- Ampoule opener
- Drawing needle
- Small plaster



Warm the ISCADOR ampoule briefly in your hand. Place the needle (cannula) onto the syringe and press it firmly.

## Storage

Store the ISCADOR ampoules in the refrigerator at temperatures between +2 °C and +8 °C and warm them briefly in your hand before use.



# Carrying out the injection

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## Opening the ampoule

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Remove the liquid in the ampoule head by tapping it gently.



Use a wipe or ampoule opener to break open the ampoule on the neck below the coloured dot. Hold the coloured dot upwards and gently press, bending the ampoule head backwards.

## Draw up the injection liquid and remove the air bubbles



Remove the needle cap and draw the contents of the ampoule into the syringe using the needle.



Prior to injection, the excess air must be removed from the syringe. To do this, hold the syringe vertically with the needle pointing upwards. Gently tapping the syringe (Fig. 1) will remove air bubbles from the side or bottom of the syringe by transporting them upwards. Then remove the air by slowly pressing the plunger (Fig. 2).





## Subcutaneous injection (under the skin)



Your medical professional will show you the best site for injection.

- Disinfect the injection site with an alcohol wipe and wait for at least one minute.
- Take a fold of skin between two fingers of one hand.
- Pierce the skin quickly and decisively at a 30–45° angle.
- Now release the skin fold a little and inject the contents of the syringe slowly and evenly.
- Once the syringe is empty, hold the alcohol wipe at the puncture site and pull the needle out of the skin.
- Press the swab onto the injection site for a few seconds.
- If necessary, you can cover the puncture site with a small plaster.
- Dispose the used syringe properly.

# Reactions

Since mistletoe therapy activates your immune system, local and general reactions as signs of an immune response often can be observed, especially during the early stages of therapy. These include:

- Local skin reactions up to a maximum of 5 cm diameter (see also «Local reaction» text box)
- Increase in body temperature by approx. 0.5–1 °C a few hours after the injection
- Improvement of general well-being and performance capacity (appetite, sleep etc.)
- Increase in important immune parameters such as certain subgroups of white blood cells



Typical local reaction

## Local reaction

There may be a slight local inflammation around the injection site. This may manifest as a marked redness of the skin, which is indistinctly limited. At the same time, itching, swelling and a local elevation in temperature may occur.

The reaction should not exceed 5 cm in diameter and will subside by itself after 1 to 2 days. With duration of therapy, these reactions become weaker or can even subside entirely. However, this does not indicate a weakened effect of ISCADOR.



## Side effects

If one or more of the following side effects occur, discontinue therapy and contact your medical professional:

- Increase in body temperature above 38 °C
- Excessive local reaction (redness > 5 cm in diameter, severe itching at the injection site and/or severe wheals)
- Allergic reaction to mistletoe preparations (very rare)

Therapy is usually discontinued until symptoms subside and resumed using a newly adjusted, reduced dose.




The aim of therapy is not to achieve the highest possible dose, but to achieve the optimal dose for you personally.

# My treatment diary

Please record your personal experiences with mistletoe therapy in the given tables and discuss the course of treatment with your medical professional.

The example below shows how the treatment diary should be filled out. Explanations of the individual fields can be found on page 18.

To be filled out in the morning							
Day & date	Body temp. (Morning)	Injected dose (in mg)					
Monday 7.9.2024	37 °C	0,01 <input checked="" type="checkbox"/>	0,1 <input type="checkbox"/>	1 <input type="checkbox"/>	10 <input type="checkbox"/>	20 <input type="checkbox"/>	..... <input type="checkbox"/>

To be filled out in the evening			
Redness	Condition	Remarks	Body temp. (Evening)
Ø = _____ cm	  	Less pain More appetite	38 °C



Download your interactive treatment diary here:  
[www.iscador.com/diary](http://www.iscador.com/diary)






















Treatment diary of:

Product name:

To be filled out in the morning

Day & date	Body temp. (Morning)	Injected dose (in mg)					
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

To be filled out in the evening

Redness	Condition	Remarks	Body temp. (Evening)
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C

Treatment diary of:

Product name:






















To be filled out in the morning

Day & date	Body temp. (Morning)	Injected dose (in mg)					
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		0,01	0,1	1	10	20	.....
	_____°C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>





To be filled out in the evening

Redness	Condition	Remarks	Body temp. (Evening)
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C
Ø = _____ cm	  		_____ °C

# Additional explanations

## To be filled out in the morning

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### Day & date

Record day and date of injection.

### Body temperature (Morning)

**Take your body temperature before** administering the injection and enter the value here.

### Injected dose (in mg)

Indicate the dosage you used here. This is indicated on each ampoule.

## To be filled out in the evening

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### Redness

If redness occurs within 12 hours of the injection, record the diameter in cm.

### Condition

Please indicate your general condition (smileys).

### Remarks

Enter additional information here, e.g. improvements, aggravations (fatigue, pain, appetite, sleep) or anything significant observed during the course of the treatment.

### Body temperature (Evening)

On the evening of the same day, measure your body temperature again and enter the reading here.

## Publication details

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Please note the patient information enclosed with the ISCADOR® preparation. If you have any further questions or would like any additional information, please contact your medical professional.

For legal reasons, in Switzerland this brochure may only be handed out to patients holding an ISCADOR® prescription.

The approved medical professional information is published on [www.swissmedicinfo.ch](http://www.swissmedicinfo.ch) and on [www.pharmnet-bund.de](http://www.pharmnet-bund.de).

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[www.iscador.com/ourservices](http://www.iscador.com/ourservices)

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